Fresh Ground Wheat

Prairie Grain Bread

Honey Whole Wheat Bread

NO ADDED SUGAR

Ingredients: 100% Stone Ground Whole Wheat, Water, Honey, Raisin Juice Concentrate, Salt, Yeast

This bread is made with fresh whole wheat and contains no oils, no added fats, no eggs, no dairy products, no artificial color or flavor and no perservatives. NO CHOLESTEROL

Nutrition Facts
Serv. Size 1 Slice
Serv. Per Cont 16

Calories 120
Fat Cal. 5

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount / Serving	% DV*	Amount / Serving	% DV*
Total Fat 0.5g	1%	Total Carb 26g	9%
Sat. Fat 0g	0%	Fiber 4g	14%
Trans. Fat 0g			
Cholest. 0mg	0%	Sugars 3g	
Sodium 180mg	7%	Protein 5g	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%

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NET WT: 2 LBS (908 g)

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